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WEATHER: **WINTRY SHOWERS**

MONDAY JANUARY 27, 2014 55p

PRINCE CHARMING
CHARLES WINS
THE NATION'S
HEARTS AT LAST
SEE PAGE 5



OFF HIS ED
BALLS GETS A
KICKING OVER
50P TAX HIKE
SEE PAGE 7

LASER CURE FOR ARTHRITIS PAIN

New treatment zaps joints to ease the agony

EXCLUSIVE
By Pat Hagan and Sarah Westcott

A **REVOLUTIONARY** laser treatment can slash the crippling pain of arthritis, British scientists have found. The technique involves zapping sore joints with a powerful beam of light. It stimulates the same pressure points targeted in acupuncture - but using low-energy lasers rather than needles. Volunteers who had the treatment at the University of Dundee reported a significant reduction in pain and discomfort and an improvement in their quality of life. The beams are thought to work in the same way as needles by stimulating the release of chemicals called endorphins. These are the body's natural painkillers and are pumped out by the brain during times of pain and stress. The low-energy beams are powerful enough to release the endorphins but not strong enough to cause burns or



Snow in the Yorkshire Dales yesterday did not stop this dog walker reaching the Tan Hill Inn

Snow, gales, floods and WORSE to come
SEE PAGES 8 & 9