LASER CURE FOR ARTHRITIS PAIN

New treatment zaps joints to ease the agony

EXCLUSIVE

By Pat Hagan and Sarah Westcott

A REVOLUTIONARY laser treatment can slash the crippling pain of arthritis, British scientists have found.

The technique involves zapping sore joints with a powerful beam of light.

It stimulates the same pressure points targeted in acupuncture - but using low-energy lasers rather than needles.

Volunteers who had the treatment at the University of Dundee reported a significant reduction in pain and discomfort and an improvement in their quality of life.

The beams are thought to work in the same way as needles by stimulating the release of chemicals called endorphins.

These are the body's natural painkillers and are pumped out by the brain during times of pain and stress.

The low-energy beams are powerful enough to release the endorphins but not strong enough to cause burns or

Snow, gales, floods and WORSE to come